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COMPANY HEALTH GROUP PLC

(Company Health or the Group)

Director and Adviser Share Purchase

Company Health (AIM: CHT), a provider of occupational health services to corporates and medical evidence collecting services to life assurance providers, announces that a number of the Group's directors have today acquired the following ordinary shares in the Group:

Director	Number of Shares Acquired	Purchase Price	Resulting Beneficial Holding	Percentage of Total Voting Rights
Ralph Gough	521,138	1.5 pence	7,618,593	9.96
Mike Rogers	333,333	1.5 pence	1,499,170	1.96
George Gonzalez	1,166,667	1.5 pence	3,317,604	4.34

For further information please visit www.companyhealthgroup.com or contact:

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